

"There is an obvious connection between the freedom of Tibet and the preservation of the teachings of Buddha in the world."

His Holiness the Dalai Lama

Today, 300,000 Buddhists worship freely in Canada. It's a right not shared by a single Tibetan. And it's why the Canada Tibet Committee is working to help restore these freedoms to Tibet. We need your help.

"To be interested in religion you have to be involved in politics"

His Holiness the Dalai Lama

Since the Chinese occupation of Tibet, 6,000 monasteries have been destroyed and over one million Tibetans have perished or been imprisoned. While religion and culture are tolerated, the remaining monasteries remain under strict government control. Political freedoms are nonexistent.

"If we want to keep the excellent tradition of Buddhism developed in Tibet alive, it will depend on the existence of freedom in Tibet."

I would like you to continue to work for the cause of Tibet's freedom with those who are already doing so."

His Holiness the Dalai Lama

**Please help support freedom.
Join the Canada Tibet Committee today.**

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To learn more about the Canada Tibet Committee visit www.tibet.ca